

First Aid

Hrs.20

Course Description

This Course is designed to help students develop and understanding of community emergencies and be able to render first aid services as and when need arises.

General Objectives

Upon Completion of this course, the students will be able to:

- Describe the rules of first aid.
- Demonstrate skill in rendering first aid in case of emergencies.

Course content

Unit-I Introduction

- Importance of first aid and rules of first aid.
- Concept of emergency.

Unit-II First aid in Emergency situations

- Fire, burns, fractures, accidents, poisoning, drowning hemorrhages, insect bites, foreign bodies.
- Transportation of the injured.
- Bandaging and splinting.

Unit-III Community Emergencies and Resource community Emergencies

- Fire, explosions, floods, earthquakes, famines.
- Immediate and late role of nurses.
- need for rehabilitation

Community Resources

- Police Assistance
- voluntary agencies: Local, National and international agencies.
- Ambulance services: Their functions in relation to emergencies.