

B.A. Pass Course Part-III
PSYCHOLOGY

Scheme of Examination -

Faculty	Max. Marks	Min. Passing Marks
Arts	200	72 (Th. 54 Pr. 18)

Paper	Nomenclature	Duration	Max. Marks
I	Positive Psychology	3Hrs.	75
II	Psychological Testing and Assessment	3Hrs.	75
III	Practical	3Hrs.	50

NOTE :

1. There will be three papers in Psychology. Each paper will be of 3 hours and would contain the entire course content of the paper.

PART
Section A

Will contain 10 questions of 20 words each. Each question will be of 1.5 marks. Thus, Part A will be of 15 marks.

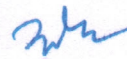
PART
Section B

Will contain 7 questions of 50 words each, out of which students are required to attempt 5 questions. Each question will be of 3 marks. Thus, Part-B will be of 15 marks.

PART
Section C

Will contain 3 long questions each with internal choice each question will be 15 marks. Thus, Part-C will be of 45 marks.

Only For Session
2020-21


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For clarification the distribution of marks is tabulated as below -

ARTS			
Section	No. of Questions	Marks	Marks
A	10	1.5	15
B	5 (Out of 7)	03	15
C	3 (with internal Choice)	15	45
Total Marks			75

2. Use of simple calculator will be allowed for statistical portions of all papers.

Paper-I:

Positive Psychology

Section-A

- 1. Introduction :** Definition, Goals and Assumptions of Positive Psychology; Relationship with other Branches of Psychology
- 2. Happiness:** Meaning; Hedonic and Eudaemonist Viewpoint; Positive and Negative Affect; Theoretical Viewpoints; Determinants and Sources; Authentic Happiness; Enhancement of Happiness and Wellbeing.

Section-B

- 3. Resilience :** Meaning and Sources; Developmental and Clinical Perspective; Successful Aging and Growth through Trauma.
- 4. Mental Health and Well-Being :** Subjective Well-Being and Life Satisfaction, Social Well-Being and Psychological Well-Being, Complete State Model.

Section-C

- 5. Emotional Intelligence :** Meaning, Components and Theories; Enhancement of Emotional Intelligence.
- 6. Pro-Social Behavior :** Empathy, Altruism, Gratitude and Forgiveness.

Books Recommended:

- Snyder, C.R. Lopez, S.J. (2007). Positive Psychology. New Delhi: Sage.
- Snyder, C.R. Lopez, J. (2005). Handbook of Positive Psychology. New York: Oxford
- Wong, P.T. and Fry, (1998). The Human Quest for Meaning. Mahwah, New Jersey: Lawrence, Erlbaum
- Baumgardner, S. Chers, M. (2009). Positive Psychology. New Delhi: Pearson Education.

Paper-II:

Psychological Testing and Assessment

Section-A

1. Psychological Test Construction: Principles and Steps, Item analysis.
2. Reliability: Meaning, Types and Methods of Calculating Reliability.

Section-B

3. Validity: Meaning, Types and Methods of Calculating Validity.
4. Norms: Meaning and Types of Norms.

Section-C

5. Types of Psychological Tests: Group and Individual, Verbal and Performance, Speed and Power Test, Rating Scales.
6. Application of Psychological Testing: Educational, Counselling and Guidance, Clinical and Organizational Setting.

Books Recommended:


- Anastasi, A. (1997), Psychological testing, New York; MacMillan Co.
- Chadha, N.K. (2009). Applied Psychometry, New Delhi: Sage.
- Kaplan, R.M. and Saccuzzo, D.P. (2009) Psychological Testing and Assessment. New Delhi: Cengage Learning.

Paper-III

Practicals

1. Measurement of Subjective Wellbeing
2. Measurement of Forgiveness
3. Measurement of Emotional Intelligence
4. Measurement of Attributional Styles
5. Measurement of Resilience
6. Measurement of Intelligence (SPM)
7. Personality Assessment through HSPQ

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