

(ii) परीक्षा का पाठ्यक्रम

1. सविदा सामुदायिक स्वास्थ्य अधिकारी (सीएचओ) (Contractual Community Health Officer (CHO))

Details	Total Marks:450
<p>(A) GENERAL KNOWLEDGE & GENERAL SCIENCE AND CURRENT AFFAIRS</p> <ol style="list-style-type: none">1. History of India.2. Indian National Movement with important events in Rajasthan.3. Geography of India & Rajasthan.4. Economy India & Rajasthan.5. India & Rajasthan- State & Governance, Constitution, Political System, Panchayati Raj System.6. Biodiversity in environmental conditions, climate change.7. Main features of society of Rajasthan, social problem, culture of Rajasthan.8. Current Events- India, Rajasthan & World.9. General Science (10th standard)	45 Marks
<p>(B) GENERAL ENGLISH & HINDI</p> <ul style="list-style-type: none">• GENERAL ENGLISH<ol style="list-style-type: none">1. Multiple choice question /objective type questions will be asked to assess, interference analysis, interpretation, evaluation & vocabulary, grammatical items, levels of accuracy.2. Accurate use of spelling, punctuation, grammar in context will be assessed through gap filling /editing /transformation exercises etc.3. Tenses4. Rearranging of jumbled sentences5. Narration (Direct & Indirect)6. Modals7. Articles & Determiners8. Comprehension with blanks to be filled in with<ol style="list-style-type: none">a. Phrases, Pronouns , Homonyms /Homophones	45 Marks

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<p>9. Clauses 10. Synonyms and antonyms 11. Pairs of words and their use in meaningful sentences 12. Idioms and phrases 13. Active & passive voice 14. Uses of prepositions.</p> <p>• सामान्य हिन्दी—</p> <ol style="list-style-type: none"> 1. दिये गये शब्दों की संधि एवं शब्दों का संधि-विच्छेद। 2. उपसर्ग एवं प्रत्यय—इनके संयोग से शब्द-संरचना तथा शब्दों से उपसर्ग एवं प्रत्यय को पृथक् करना, इनकी पहचान। 3- समस्त (सामासिक) पद की रचना करना, समस्त (सामासिक) पद का विग्रह करना। 4. शब्द युग्मों का अर्थ भेद। 5. पर्यायवाची शब्द और विलोम शब्द। 6. शब्द शुद्धि — दिये गये अशुद्ध शब्दों को शुद्ध लिखना। 7. वाक्य शुद्धि वर्तनी संबंधी अशुद्धियों को छोड़कर वाक्य संबंधी अन्य व्याकरणীয় अशुद्धियों का शुद्धीकरण। 8. वाक्यांश के लिये एक उपयुक्त शब्द। 9. पारिभाषिक शब्दावली—प्रशासन से सम्बन्धित अंग्रेजी शब्दों के समकक्ष हिन्दी शब्द। 10. मुहावरे एवं लोकोक्ति। 11. व्याकरण के लिए निर्धारित विषयों पर विषयवस्तु का बोध, भाषिक बिन्दुण/संरचना आदि पर बहुविकल्पिय प्रश्न 	
<p>(C) National Health Mission & Introduction to Reproductive Maternal New Born Child & Adolescent Health (RMNCH+A)</p> <ol style="list-style-type: none"> 1. Knowledge of National Health Mission, its various programs like Reproductive & Child health (RCH), Communicable and Non-Communicable Disease Control Programs and their activities. 2. Ayushman Bharat and related health programs. 3. Introduction to the RMNCH+A services-historical context, evolution, coverage and innovations. 4. Various components of service delivery under RMNCH-A including Gol programs. 5. Maternal, new-born and child health (MNCH) services in the country. 6. Adolescent health. 7. Role of gender in public health programs. 	<p>45 Marks</p>

8. Evolution of RCH services in the country-Millennium Development Goals (MDGs) and Sustainable Development Goals (SDG). 9. Innovation in service delivery 10. Framework for evaluation of services	
(D) KNOWLEDGE OF COMPUTERS 1. Basic Applications of computer and its component. 2. Fundamentals of computer sciences. 3. Concept of open source technologies. 4. Input & Output Devices. 5. Operating system 6. Knowledge of MS Word, MS Excel, MS Access, MS PowerPoint, PDF Internet and E-mail. 7. Concept of computer virus and anti-virus. 8. Hardware & software, elements of computers processing system Hardware, CPU, peripherals, storage media, software definition, role and categories firmware and human-ware. 9. Role of information technology in governance & IT Acts & Regulations.	45 Marks
(E) TOPIC RELATED TO PROFESSIONAL QUALIFICATION: 1. Basics of Human Body 2. Basics Concepts of Public Health a. Concepts of Community Health b. Health Care Planning and Organization of Health Care at various levels c. Environmental Health and Sanitation d. Introduction to Epidemiology, Epidemiological Approaches and Processes. e. Demography, Surveillance and Interpretation of Data. f. Biomedical Waste Management and Infection Control 3. Child Health a. Essential Care of Newborn at Birth b. Management of Common Neonatal and Child Health	270 Marks

Problems

- c. Integrated Management of Neonatal and Childhood illness.
- d. Introduction to Rashtriva Bal Swasthya Karyakram
- e. Universal Immunization Programme (UIP)

4. Family Planning and Adolescent Health

- a. Gynecological Conditions, Sexually Transmitted Infections and management.
- b. Family Planning Methods, Contraception, Spacing Techniques and Counseling
- c. Medical Abortions, Self Abortions, and MTP Act
- d. Counseling in Reproductive and Sexual Health including problems of Adolescents.
- e. Management of Teenage Pregnancies

5. Maternal Health

- a. Introduction to RMNCH+A Programme
- b. Antenatal Care
- c. Intranatal Care, Postnatal Care
- d. Early Identification, Management and Referral of Complications during pregnancy and childbirth
- e. Postpartum Care

6. Communicable Diseases

- a. Epidemiology of Communicable Diseases
- b. Communicable Diseases- Vector Borne Diseases
- c. Communicable Diseases- Infectious Diseases
- d. Communicable Diseases- Zoonotic Diseases

7. Non- Communicable Diseases

- a. Non-communicable Diseases-Types
- b. Epidemiology of Non- communicable Diseases
- c. Occupational Diseases
- d. Mental Health and Substance Abuse Disorders
- e. Elderly Care

8. Nutrition

- a. Introduction to Nutrition and Nutritional Assessment
- b. Nutrition during Pregnancy and Lactation.
- c. Nutrition for Infants, Child, Adolescent and Elderly

- d. Nutritional Deficiency Disorders
- e. Food Borne Diseases and Food Safety

9. Skills Based

- a. Public Health Skills
- b. General Skills and Laboratory Skills
- c. Skills for Management of Common Conditions and Emergencies
- d. Maternal Health Skills
- e. Reproductive and Adolescent Health Skills
- f. Newborn and Child Health Skills

10. General Medicine and Medical emergencies

- a. Common Conditions- Gastro Intestinal System
- b. Common Conditions- Respiratory System
- c. Common Conditions- Heart, Urinary System and Blood Disorders
- d. Common Conditions- Eye, Ear, Nose and Throat
- e. First Aid in Common Emergency Conditions
- f. Disaster Management

11. General Pharmacology

- a. Essential Drugs

12. General Surgery, Trauma and Burns, ENT & Ophthalmology

- a. Common Surgical Conditions
- b. Congenital Malformations
- c. Screening of Common cancers

13. Miscellaneous

- a. Behavior Change Communication Skills and other Soft Skills
- b. Work Management and Administration
- c. Leadership, Supervision and Monitoring
- d. Health Management Information System
- e. Financial Management, Account and Computing
- f. Records and reports

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